## **PREPARATORY ANALYSES**



## Dear,

In order for you to be included in SEGOVA ovarian rejuvenation program, it is necessary for you to go through following analyses:

- 1. Cervical and vaginal bacteriological swab
- 2. Microbiological analysis:
  - A. Vaginal and cervical swab on ureaplasma, mycoplasma, chlamydia \*
  - B. PAPA test and colposcopy (not older than one year)
- 3. Blood type and Rh factor (not need to repeat if there is a valid confirmation)
- 4. Serology: HIV, HCV, HbsAg \*\*
- Complete blood count with Le formula, SE, CRP, Fibrinogen \*
- 6. Coagulation factors: PT, INR, aPTT \*
- 7. Complete blood biochemistry with liver enzymes (AST, ALT, GGT), Fe, Ferritin\*
- 8. Tumor markers: Ca 125, Ca 19.9, Ca 15.3, Ca 72.4, HE-4, Roma index,  $\beta$ -hCG, LDH,  $\alpha$  fetoprotein, inhibin B
- 9. Hormonal analysis (FSH, LH, Estradiol, Progesterone, Testosterone, Prolactine, TSH, FT3, FT4, Cortisol at 8 am, ACTH, PTH, Androstendion, DHEAS, 17- OH Progesterone, SHBG, 17- OH Progesterone, AMH) \*\*
- 10. Vitamins, Oxidoreductive status and others: Homocysteine, Omega-3 and Omega-6 Fatty Acids, Vitamins B12, D, A, E, C, Superoxide dismutase, Catalase, Glutatione, Selenium, Zinc, Folic Acid, Coenzyme Q10, Melatonin, Mio-Inositol, L-Carnitine \*\*
- 11. Immunology: Anti-ovarian antibodies, Anti-TPO antibodies, Anti-TG antibodies, Anti-cardiolipin antibodies \*\*
- 12. Karyotype from the blood (if previously done does not need repetition; need to be done if early menopause onset before age 45 or POF- premature ovarian failure onset before age 40)
- 13. Urinalysis (urine test)\*
- 14. Urine culture \*
- 15. X-Ray of the heart and lungs
- 16. Consent from your doctor for general anesthesia \*
- \* not older than two weeks
- \*\* not older than 6 months

## General remarks:

- NSAIDs (pain relief medicines) and ASAs (Aspirin, Cardiolipin) Suspended 7 days before and after procedure.
  - Corticosteroids Suspended before and 4 weeks after procedure

